

NEW

THROUGHOUT THE BOOK, YOU WILL SEE **QR CODES** IN DIFFERENT SCENES. SCAN THE **QR CODE** TO WATCH A VIDEO FROM ONE OF THE CHARACTERS TALKING DIRECTLY TO YOU!







CAM AND HIS PARENTS HAD JUST MOVED TO KAI'S NEIGHBORHOOD FROM BASICALLY ACROSS THE WHOLE COUNTRY...





...AND KAI HAD MADE IT HIS
"SUMMER JOB" (MOM SAID HE'D
EVENTUALLY HAVE TO GET ONE) TO
SHOW HIS LITTLE COUSIN THE ROPES.





EVERYTHING FROM THE ACTUAL HIDDEN ROPE SWING AT JOSHUA'S POND, TO THE TOP-SECRET BIKE PATH HOME THROUGH THE WOODS...





WHEN THEY WERE YOUNGER, KAI AND CAM SAW EACH OTHER A FEW TIMES A YEAR.

THANKSGIVINGS. WINTER BREAKS. COUSINS-WHO-LIVE-ACROSS-THE-COUNTRY KINDA

STUFF. BUT EVER SINCE KAI'S DAD DIED, THEIR FAMILIES GOT A LOT CLOSER.



NOW THAT THEY LIVED IN THE SAME TOWN, HE AND LIL' CAM WERE BASICALLY LIKE BROTHERS. KAI WAS PSYCHED FOR CAM TO START 6TH GRADE AT FOURTH AVENUE MIDDLE SCHOOL...A.K.A FAMS.



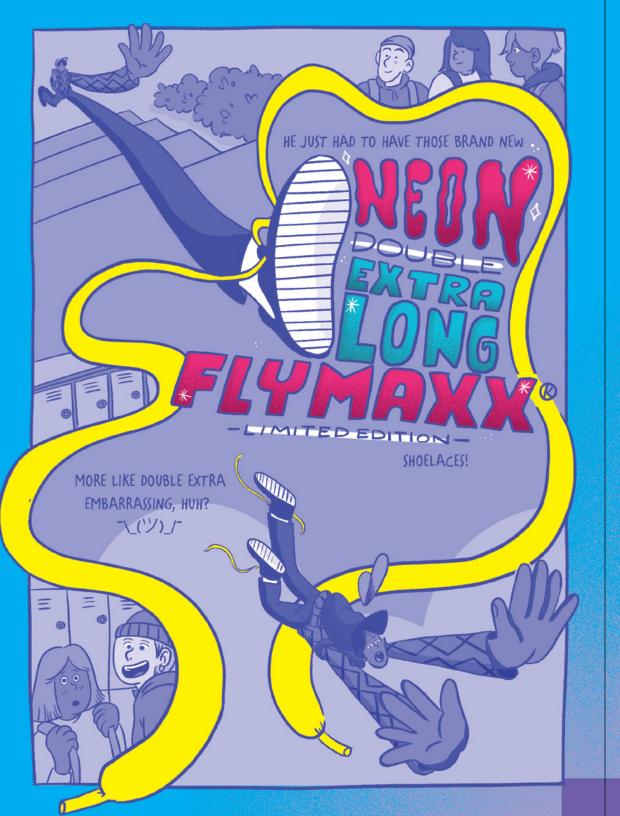




AS CAM'S FIRST DAY INCHED CLOSER AND CLOSER,
IT WAS OBVIOUS HE WAS GETTING MORE AND MORE NERVOUS.

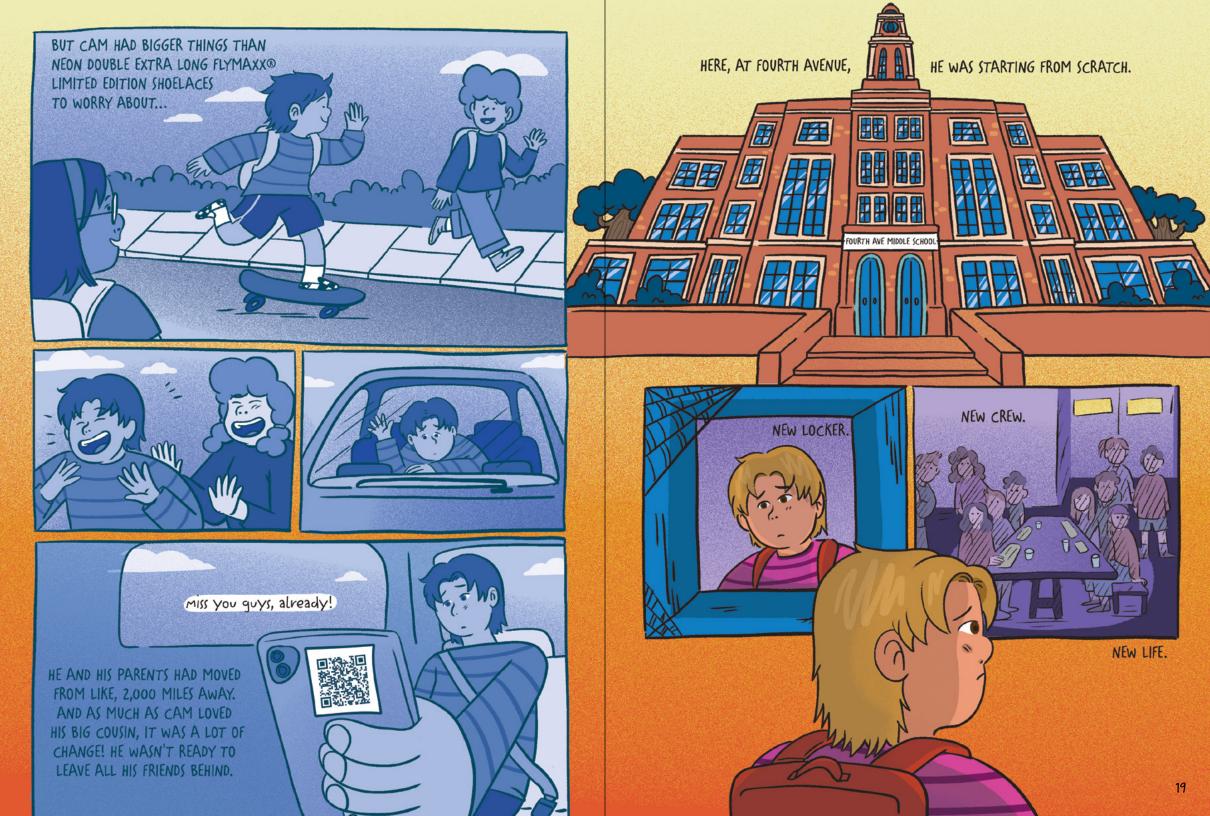




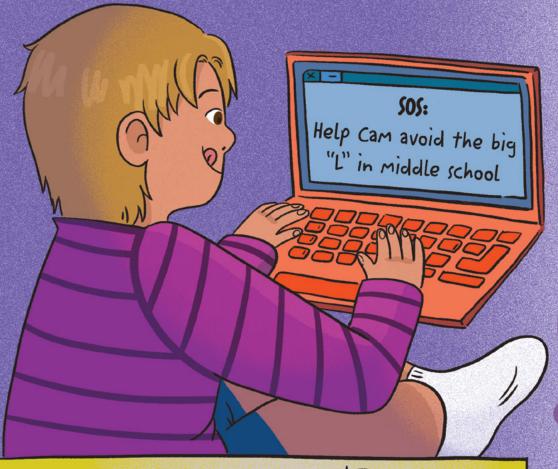








A FEW DAYS LATER, CAM SENT KAI A SLIDESHOW.
30 PAGES OF QUESTIONS. 72 BULLET POINTS. 84 PICTURES.

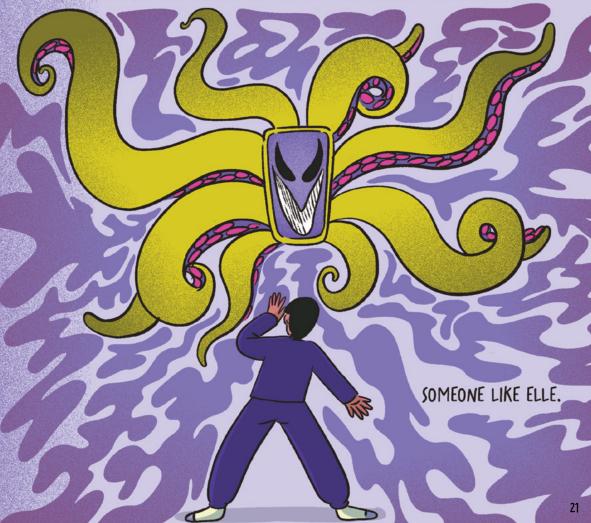


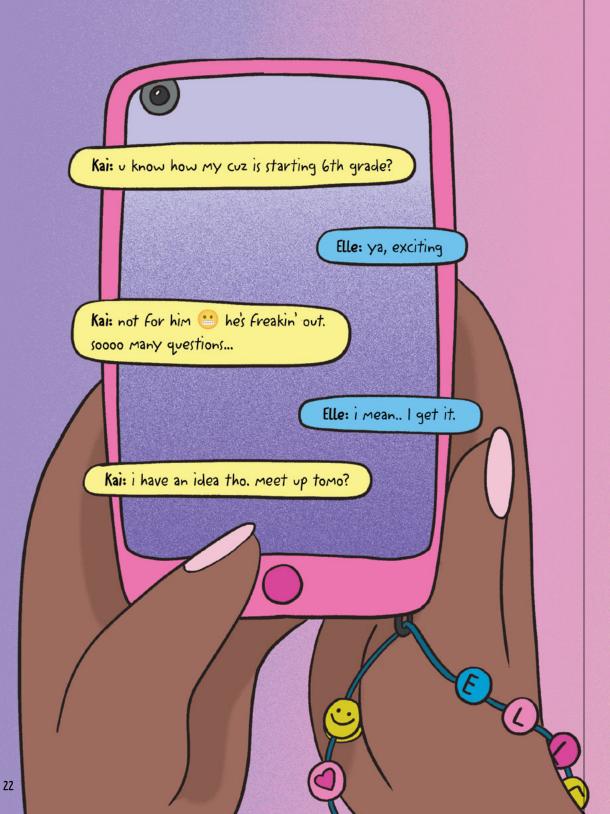
HE WANTED ADVICE ON
EVERYTHING. HIS FIRST-DAY 'FIT.
HOW TO USE THE BUNSEN BURNER.
HE'D EVEN CREATED A SECTION WITH:
" BOOKBAG OPTIONS." JUST
TO SEE WHAT KAI THOUGHT.





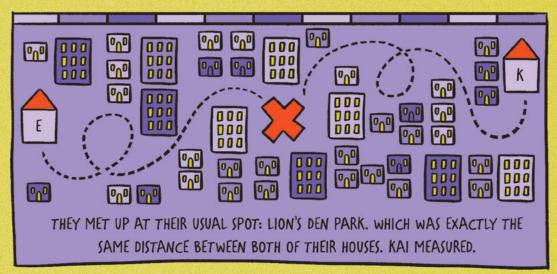
THIS THING WAS BECOMING A BEAST. HE NEEDED SOMEONE'S HELP.







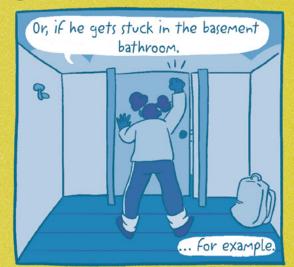




THIS TIME, ELLE MADE A PIT STOP AT THE CORNER STORE BEFORE.







I guess everyone could use a little help on day one.







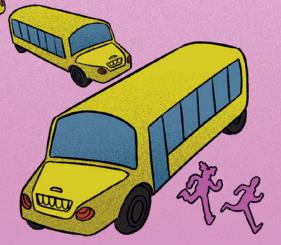


















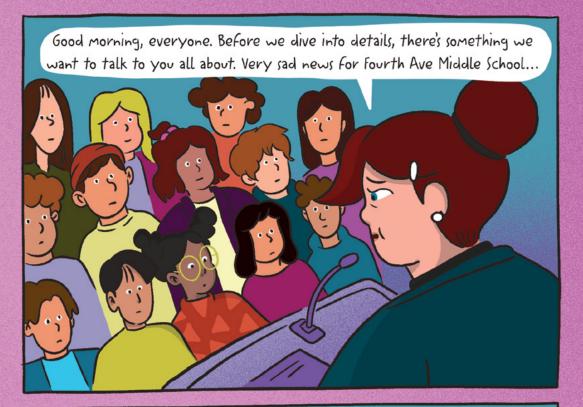






THEY WRAPPED JUST IN TIME TO MAKE IT TO THE GYM FOR ORIENTATION.



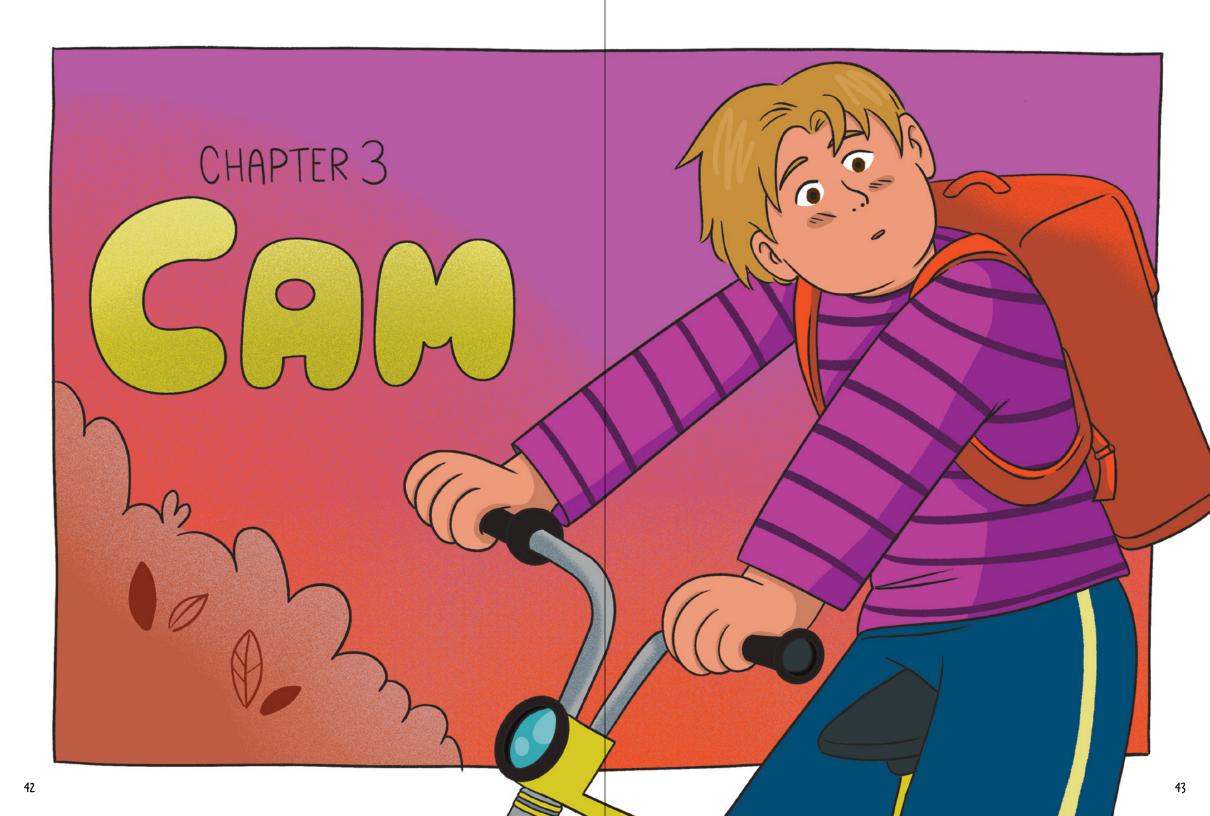




HE WAS ALSO THE MOST POPULAR TEACHER AT SCHOOL.





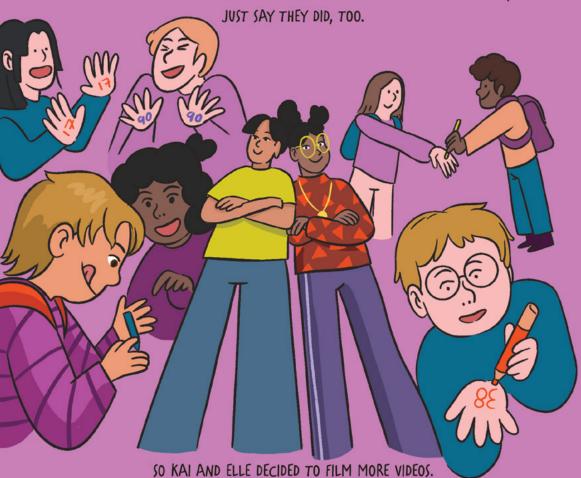








CAM FELT BETTER ON DAY ONE AT FAMS. AND ALL THE OTHER NEW KIDS? WELL, LET'S



BUT FIRST, THEY HAD TO MAKE IT DOWN THE HALL. FULL OF STUDENTS. EXCITED TO BE BACK. TO CHECK OUT ALL THE FIRST DAY 'FITS.



BUT ALEX WASN'T SO EXCITED. THE NEWS OF ADRIAN WAS LIKE THE ELEPHANT IN THE HALLWAY.







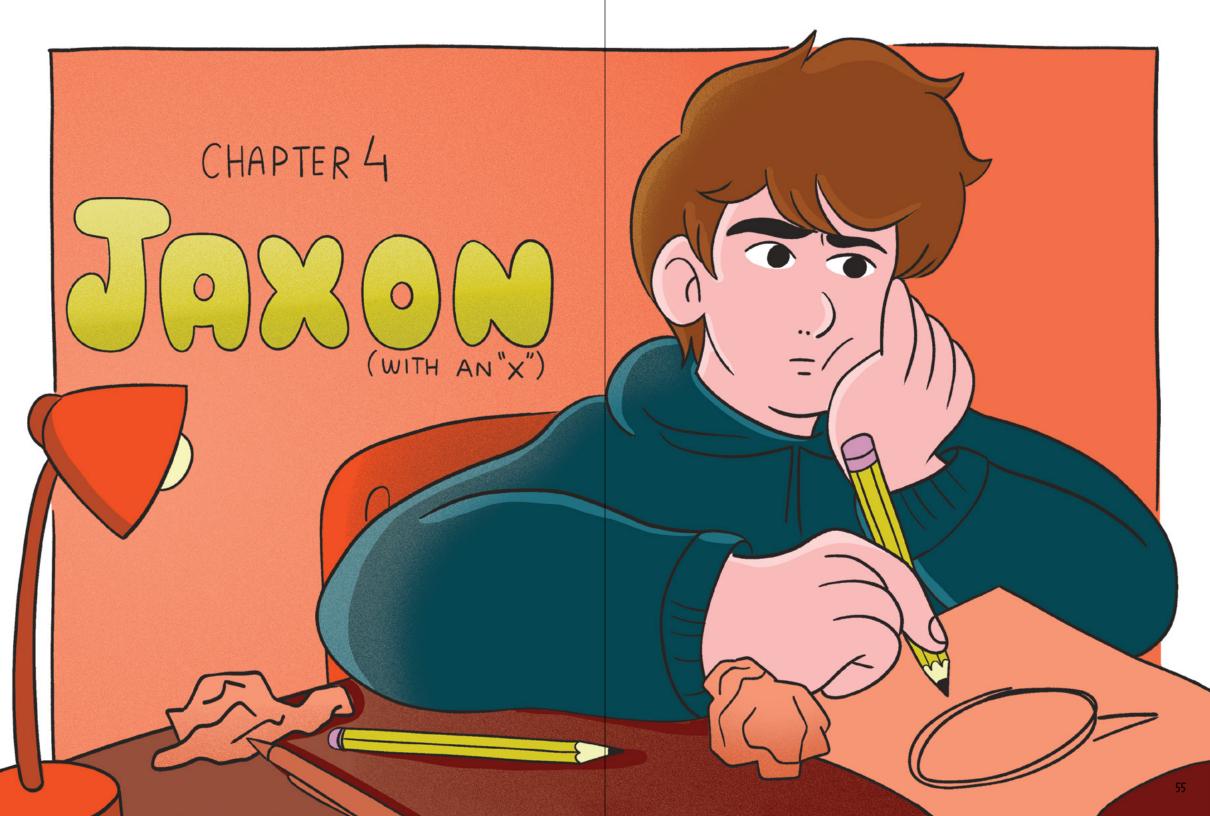






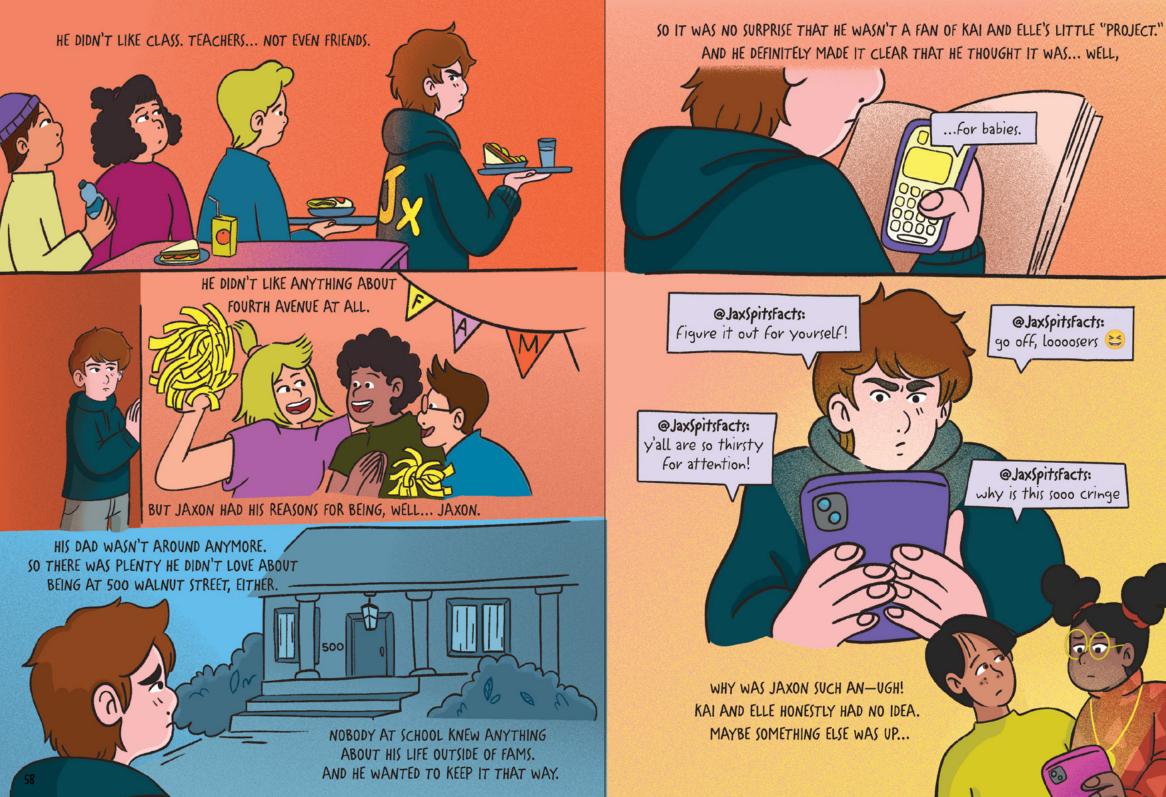






















Alex never misses a chance to beat Mila. l remember, Elle. Maybe you can talk to her?



KAI AND ELLE RUSHED HOME TO POST THEIR NEW CONTENT.

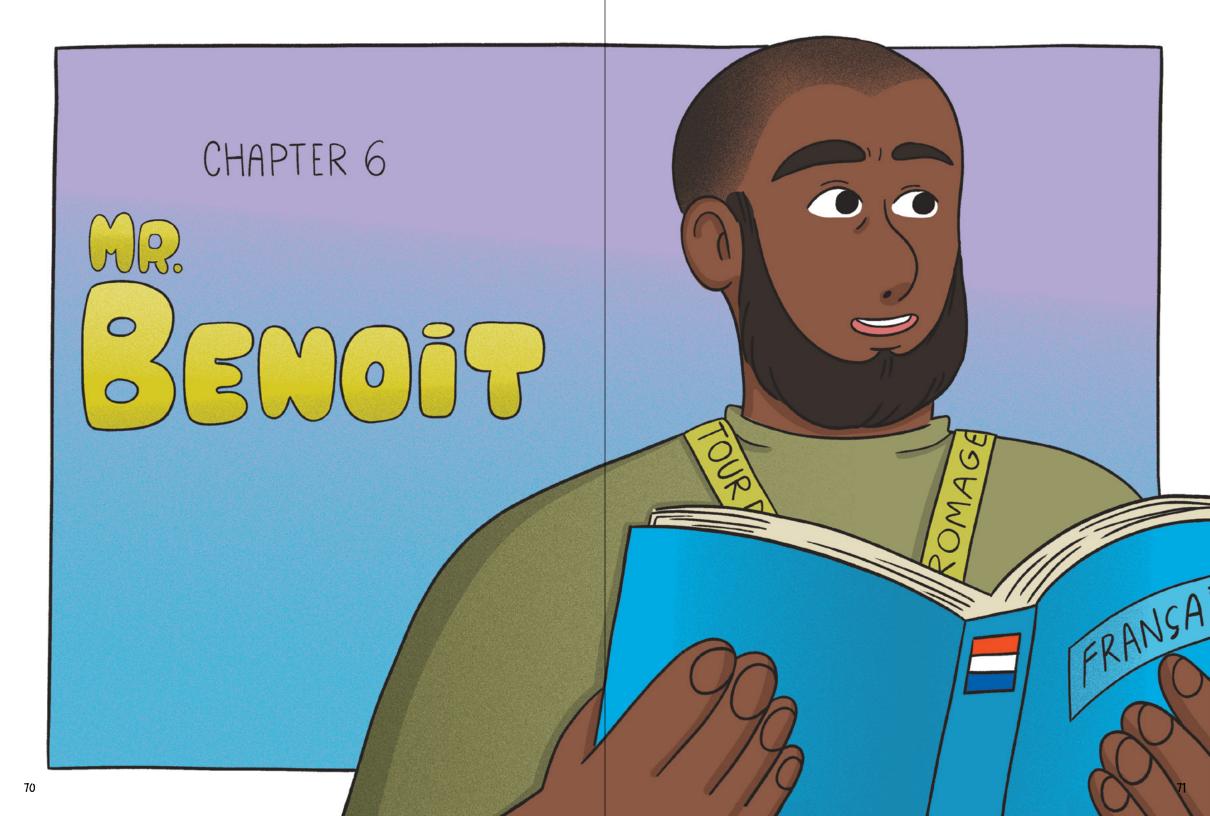


ELLE COULDN'T WAIT TO SEE IF THEY HAD ANY COMMENTS. MAYBE EVEN A FEW NEW *FOLLOWERS*!





SHE COULD FEEL IT. THIS WHOLE 4REEL THING WAS ABOUT TO TAKE OFF.

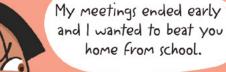








Sorry mom, didn't think you'd be home.



Yeah well, I feel like I got beat up AT school.





What's going on, Kai guy?



Okay, well...
you know you can
always talk to me,
right?



Just don't stress yourself out too much with those 4Reel videos, okay?







AS FOR ELLE, SHE WAS ALREADY WORKING ON A NEW PLAN.



what if we just let them ask their questions on 4Reel?

It'll save us from getting mobbed at school, at least...



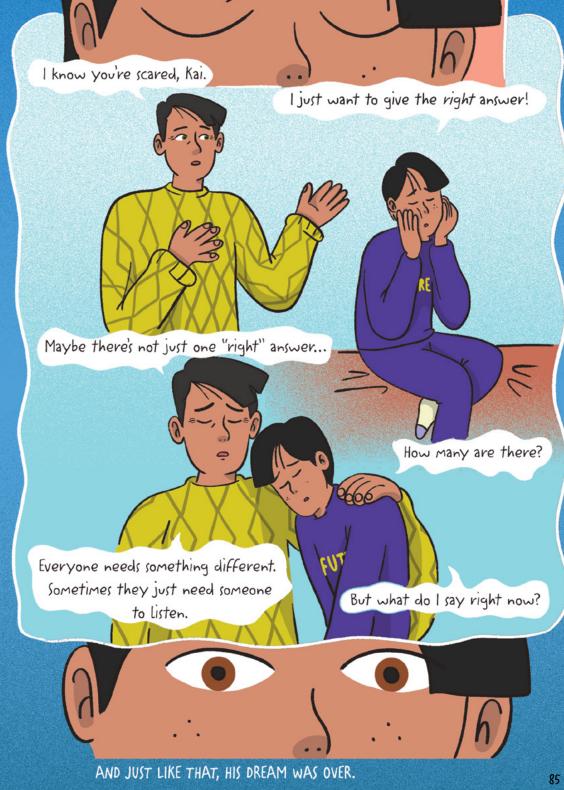


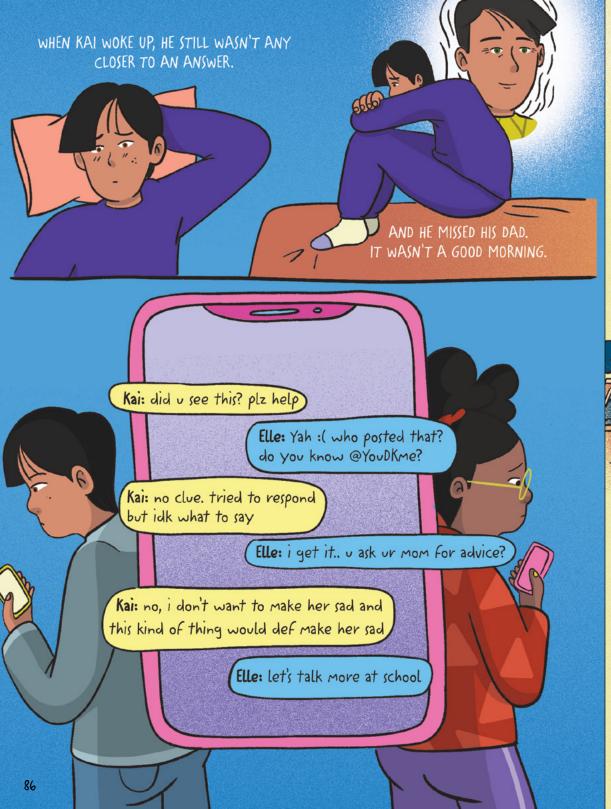














I dunno Elle, how did we even get to this point?

We were helping Cam! And all the 6th graders!

It was supposed to be about bus trips and locker numbers. Normal school stuff like that...

Lemme handle this one, okay?

KAI WAS RELIEVED AND GRATEFUL.
HE HAD ENOUGH TO WORRY
ABOUT RIGHT NOW.



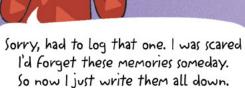




OMG, too many to pick from... probably when she was dancing in the kitchen, and I came up behind her to scare her and...







Elle, I think you might have more to say than you realize.



You think?

Actually, Mr. Benny? Take my phone. I'm ready to record an answer.

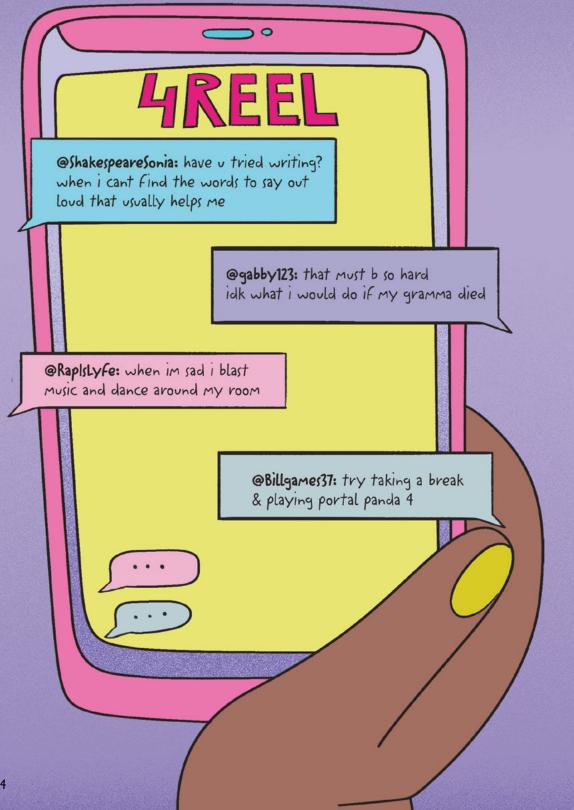
91

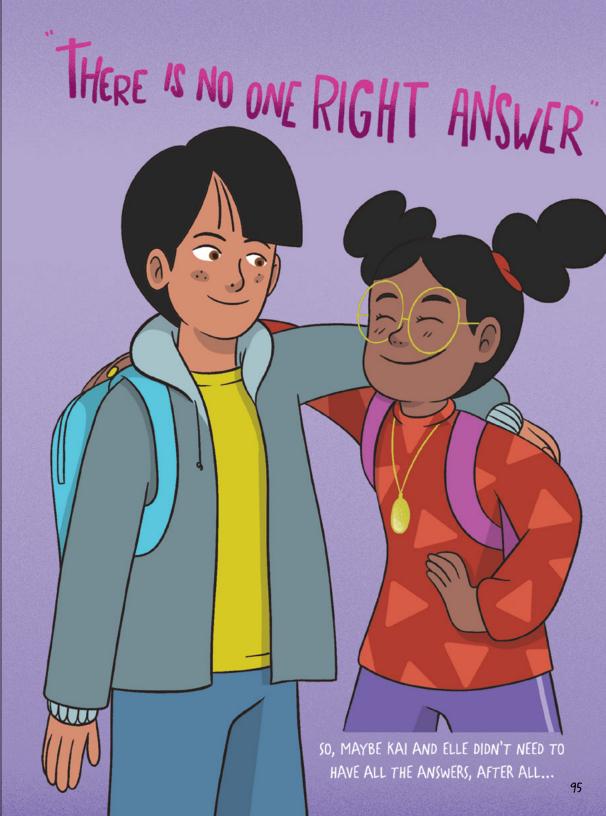


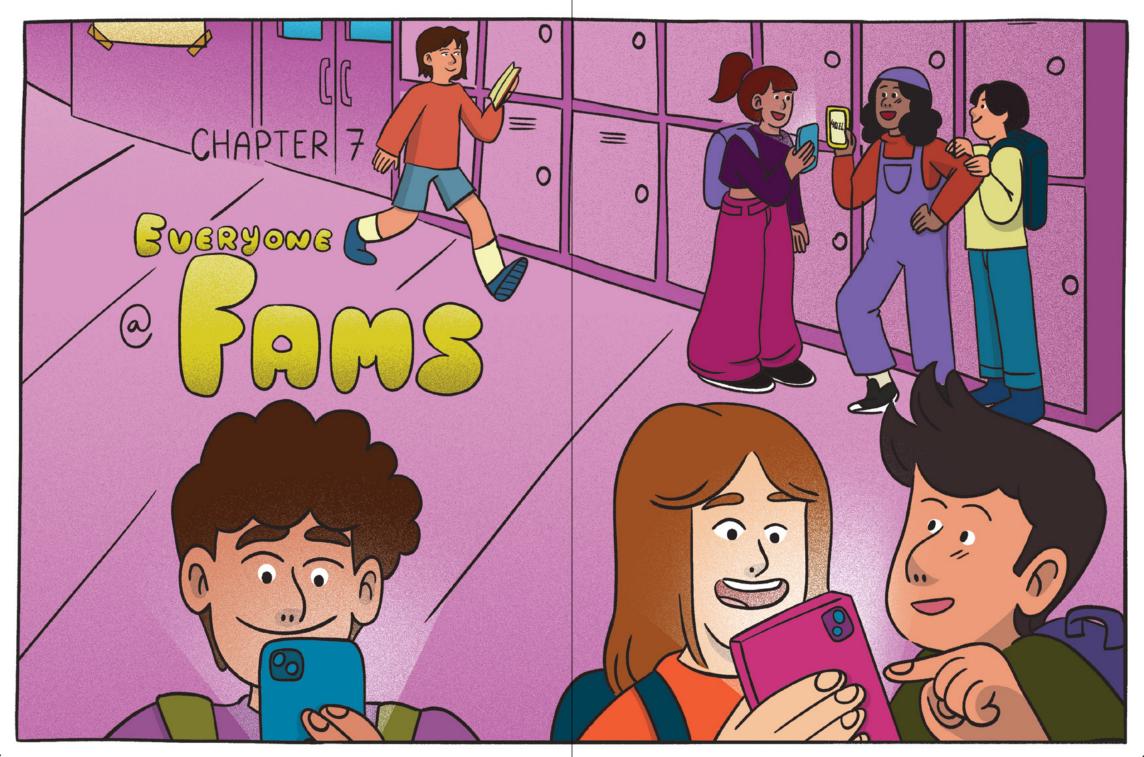


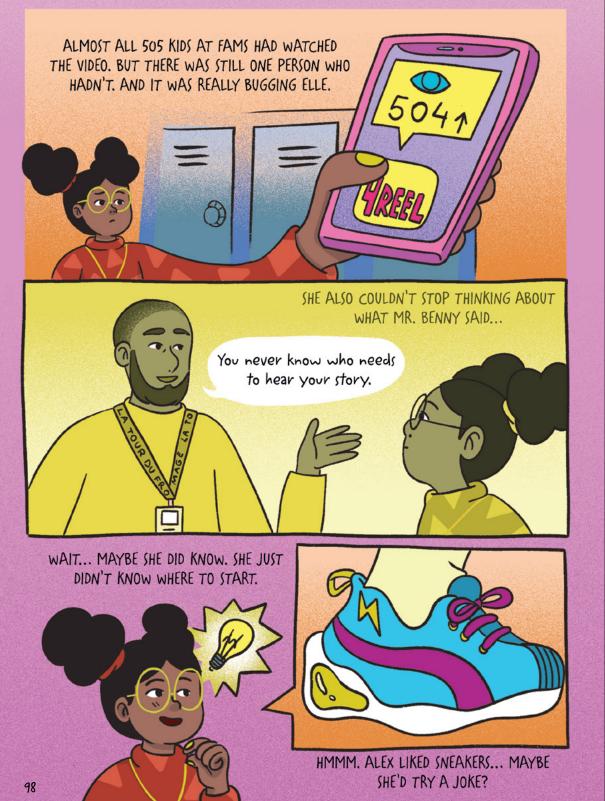
ON THE WAY TO THE BUS THAT AFTERNOON, ELLE RAN INTO KAI.

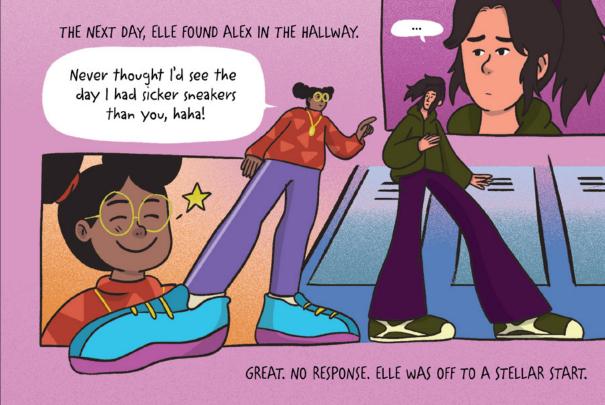






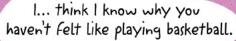






Uh, I was just trying to ...

Trying to what?



Did you see my last 4Reel post?

What? No, why would !?



Okay... well, I lost my older sister Simone when I was 7 years old. We did everything together. I was like her little shadow.



She's the reason I got into ballet. After losing her, I wanted nothing to do with those dumb pointe shoes...

And I just wanna let you know...

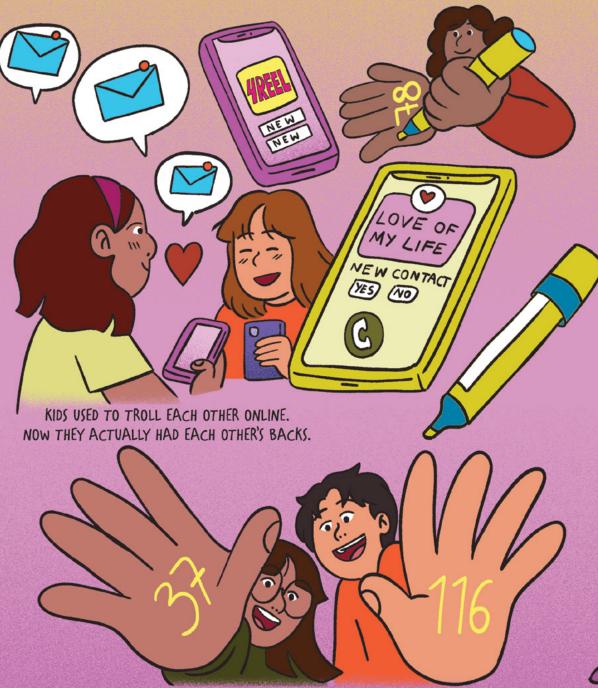




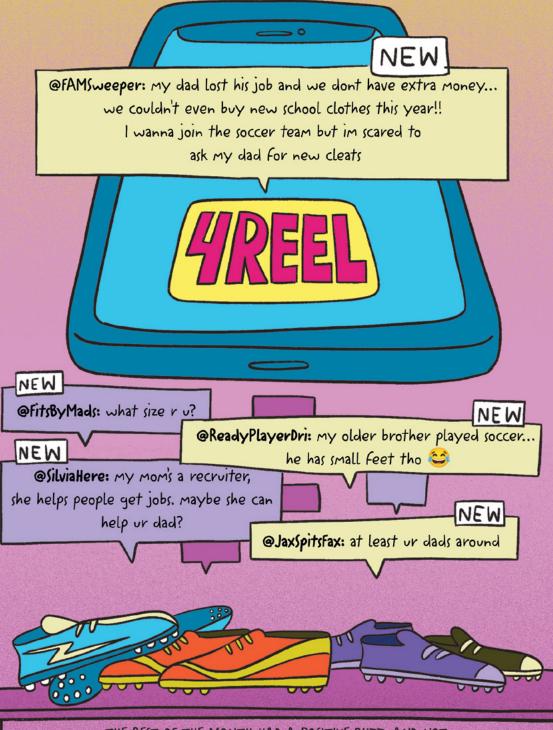




WITH A LITTLE HELP FROM 4REEL, THE OVERALL VIBE AT SCHOOL WAS GOOD.

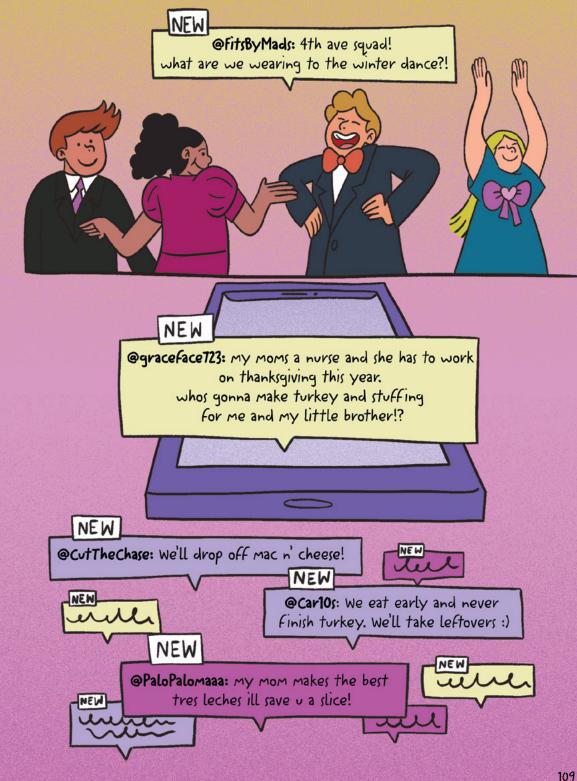


THEY WERE ASKING QUESTIONS THEY WOULDN'T NORMALLY SAY OUT LOUD.



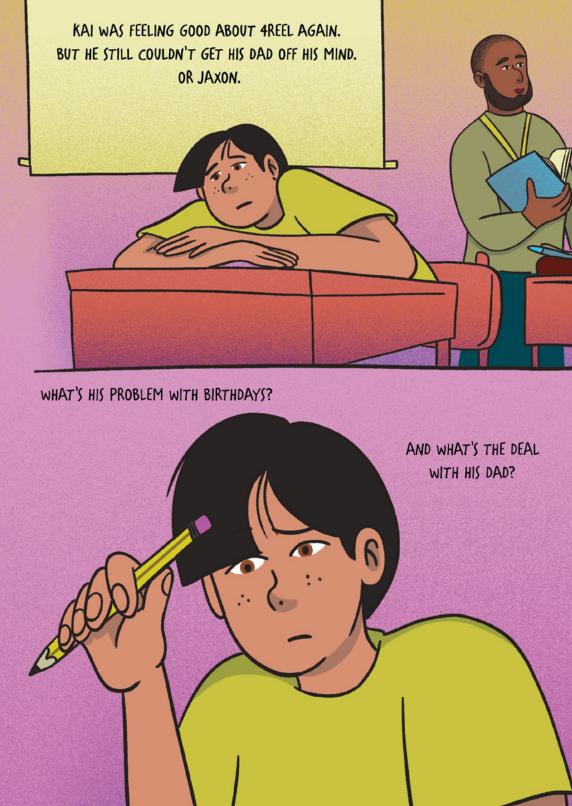
THE REST OF THE MONTH HAD A POSITIVE BUZZ. AND NOT JUST FOR @FAMSWEEPER... WHO NOW HAD CLEATS FOR EVERY DAY OF THE WEEK.







LIKE





NEW

@BallerMila: my best friend is so different. we used to talk about everything, and now she barely tells me anything.

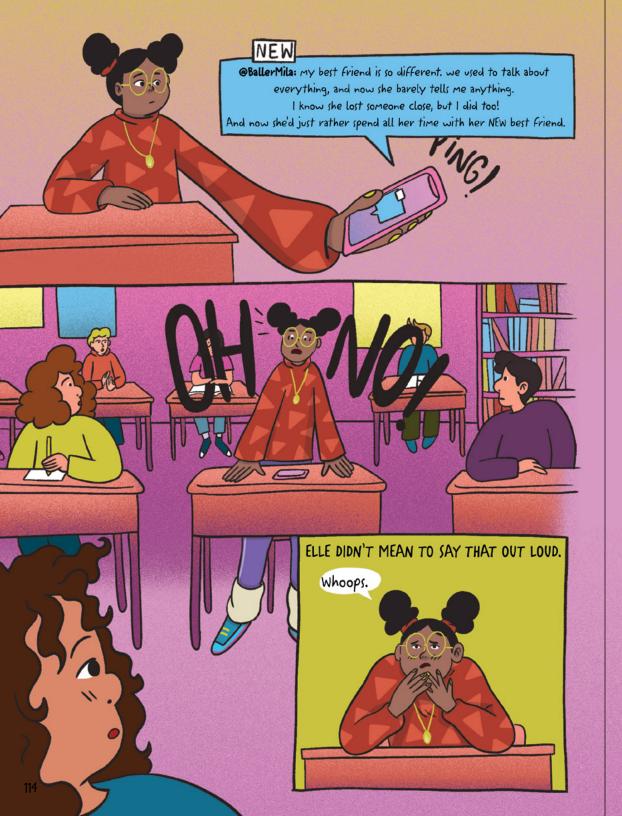
I know she lost someone close, but I did too!

And now she'd just rather spend all her time with her NEW best friend.



Bonjour, Mila are you there?! Earth to Mila! Sorry... what was the question?



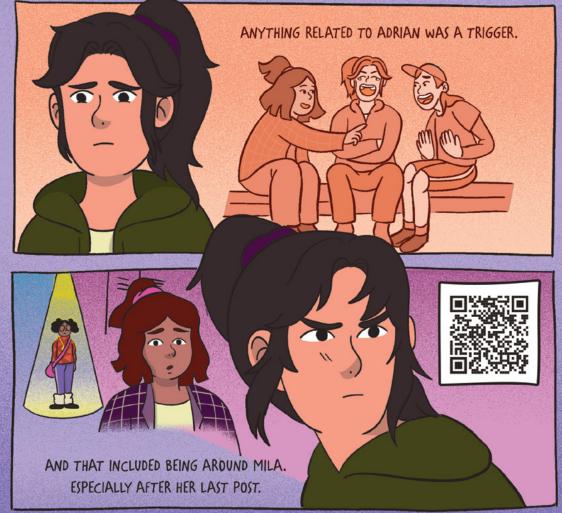






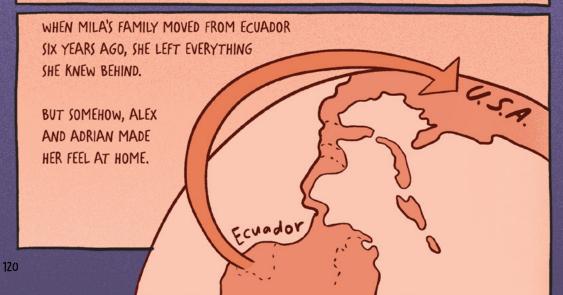


























HER. SO SHE WENT BACK TO THE ONLY PLACE WHERE PEOPLE WOULD LISTEN.













OH... KAI WAS STARTING TO SEE WHY JAX WASN'T A FAN OF DADS. AND WHY ART WAS IMPORTANT TO HIM, TOO.





NEW!



@Charlie456: Omg my mom is so lame look at our familys xmas card this year!! I cant believe she made us pose like this lollll

THE POST WASN'T UP FOR 5 MINUTES AND JAXON ALREADY HAD SOMETHING TO SAY.

@JaxSpitsfacts: no one is THAT happy around the holidays

AND THIS TIME,
JAX WAS ACTUALLY
KINDA RIGHT.

@CandidCam: i know i wont be this year... i miss my homies

unnu

@AnkleBreakinAlex: @JaxSpitsFacts are u EVER happy?

AND THE COMMENTS DIDN'T STOP THERE.

THIS THREAD HAD REALLY HIT A NERVE. ONE LITTLE
HOLIDAY POST SPIRALED INTO A FULL-ON ONLINE BRAWL.



@LightUpTheSkai: @CandidCam but we're allll ur homies now

REEL

@Jaxspitsfacts: @AnkleBreakinAlex no one here is happy... especially u



@car10s: i can't believe you just said that. wth

@BallerMila: @CandidCam
at least u still have ur homies



IT MIGHT'VE BEEN THE HOLIDAY SEASON, BUT NOBODY AT FOURTH AVE WAS IN THE HOLIDAY SPIRIT ANYMORE.

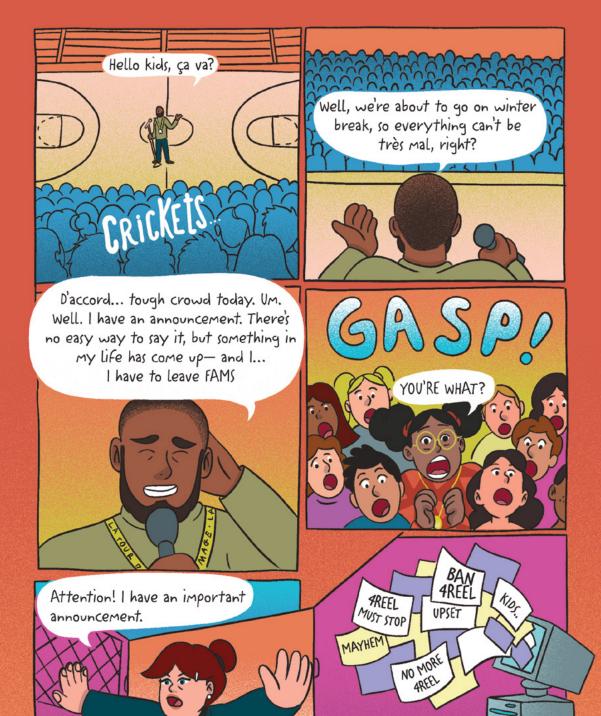






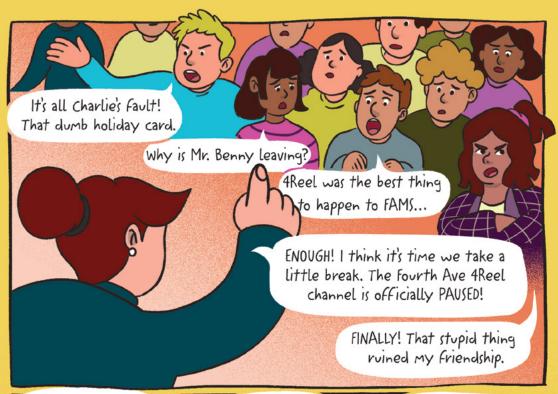






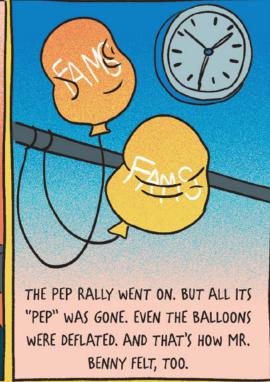
I just got off the phone with ANOTHER

parent complaining about 4Reel.







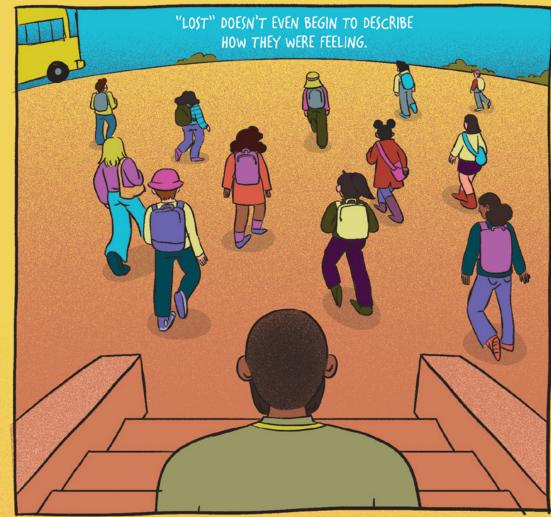




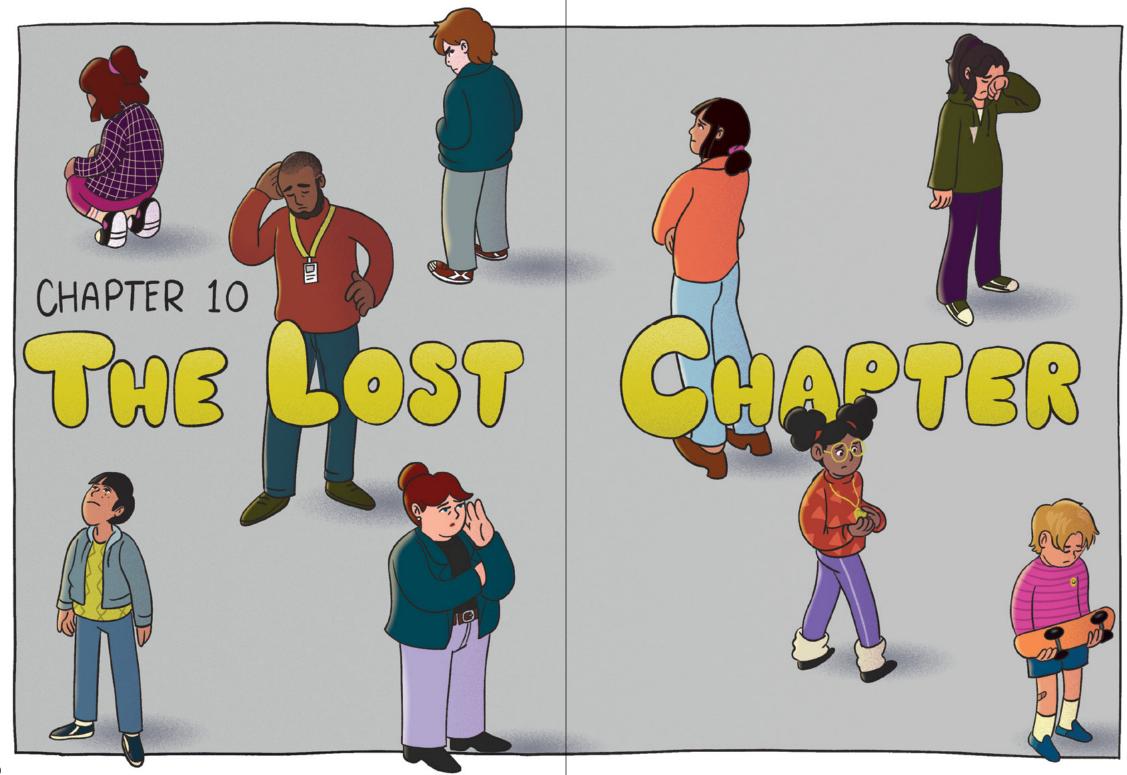






























CHAPTER 11

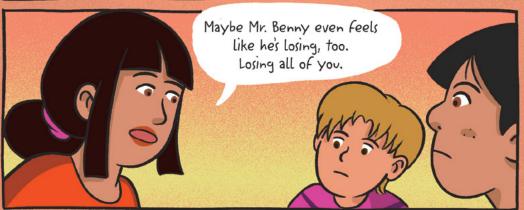




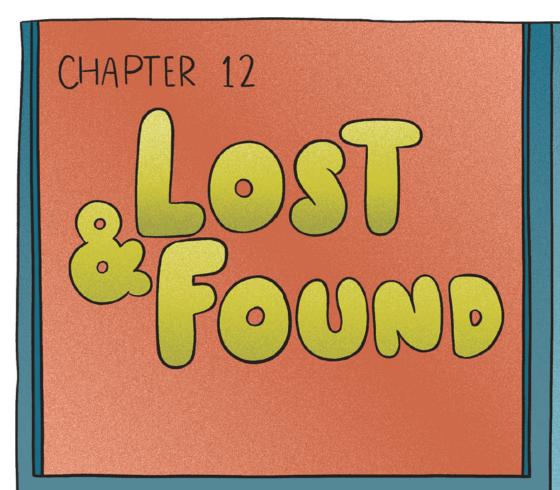












mrs.hoffman













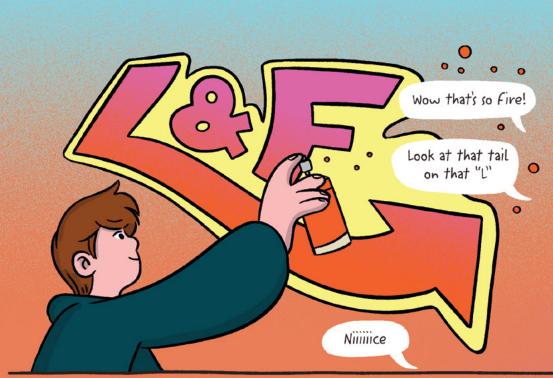


I know this year has had its ups and downs. Sure, we've had some Fights. We've also been there for each other. We've opened up.





























IT MIGHT HAVE LOOKED SMALL, BUT THIS ONE LITTLE DRAWING WAS A BIG DEAL TO JAX



I dunno man.
Everyone's opening
up these days. It
actually kinda
Feels good.







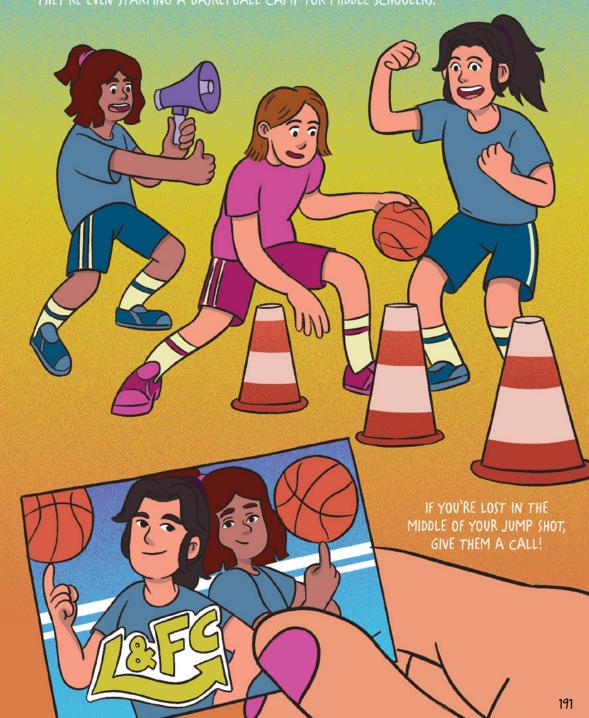
IT WAS NOW SPRINGTIME. AND THE KIDS HAD BEEN BUSY OVER THE PAST FEW MONTHS. GETTING LOST AND FOUND, TOGETHER.



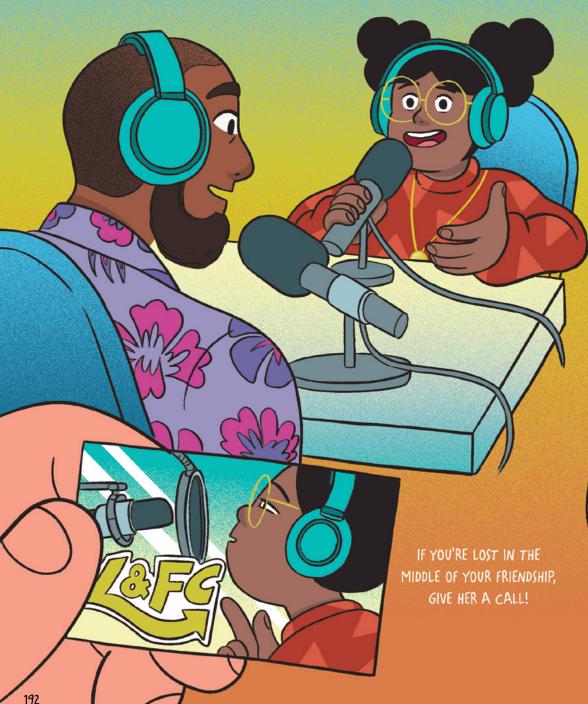
CAM WAS NOW THE UNOFFICIAL TOUR GUIDE. FOR ANYONE NEW WHO MOVED TO TOWN.



MILA AND ALEX GOT BACK INTO BASKETBALL, TOGETHER...
THEY'RE EVEN STARTING A BASKETBALL CAMP FOR MIDDLE SCHOOLERS.



ELLE STARTED A PODCAST AND MR. BENNY WAS HER FIRST ON-AIR GUEST. HE FLEW ALL THE WAY BACK FROM HAWAII FOR IT. ALEX AND MILA SOMETIMES GUEST HOST.



AS FOR KAI? WELL, HE AND JAXON ARE ABOUT TO GO TO PRINT FOR THEIR FIRST





NEW COMMENTS

"I remember feeling like the only 12 year old who had lost his mom when she died, and I would have benefited from having a safe place like Judi's House—or the Lost & found Club—to connect with other kids who were grieving. I hope that reading these relatable stories of feeling "lost and found" can help countless kids cope with grief, find their own voice, and know they are not alone."

Brian Griese, NFL Coach and former Quarterback, Co-founder of Judi's House and JAG Institute for Grieving Children and Families

"Through Kai and Friends, readers are called to imagine and reimagine what's possible in peer grief support when spaces are created for youth to lead and offer culturally-centered support to peers coping with death and non-death losses. The writing is grief-informed, approachable and engaging, taking readers through diverse manifestations of adolescent grief, and offering concrete ways in which adults can be allies to young people."

Dr. Tashel Bordere, Center for Family Policy & Research, University of Missouri-Columbia Certified Thanatologist and Vice-President of National Alliance for Children's Grief

"Lost in the Middle is a visually thrilling, sensitive, and emotionally grounded work that recognizes the universality of grief, anxiety, and alienation. The book offers all of us a roadmap to reconnection via empathic communication, creativity, vulnerability, and collaboration. This book gave me hope."

MK Czerwiec RN, MA, Co-Founder, GraphicMedicine.org, Creator, "Taking Turns: Stories of HIV/AIDS Care Unit 371"



AS OF 2023, THE NEW YORK LIFE FOUNDATION

HAS PROVIDED MORE THAN \$400 MILLION

IN CHARITABLE CONTRIBUTIONS ACROSS THE U.S.

FOR PROGRAMS BENEFITING YOUNG PEOPLE.

RECOGNIZING THE CRITICAL NEED TO SUPPORT

BEREAVED CHILDREN AND THEIR FAMILIES, THE NEW YORK LIFE FOUNDATION

ESTABLISHED CHILDHOOD BEREAVEMENT AND GRIEF SUPPORT

AS A CORE PHILANTHROPIC FOCUS IN 2008.

SINCE THEN, THE FOUNDATION HAS WORKED TO INVEST

IN RESEARCH, EXPAND SERVICES AND BRING MORE ATTENTION

TO THIS CRITICAL YET UNDER-RESOURCED FIELD.



www.NewYorkLifeFoundation.org

© 2023 New York Life Insurance Company. All rights reserved. NEW YORK LIFE and the Box Logo are registered trademarks of New York Life Insurance Company. This work, including all persons, places, products, and events depicted, is entirely fictional. Any resemblance between actual persons, places, products, or events and those depicted in this work is coincidental and unintentional.

ISBN 979-8-218-22427-1



Your story doesn't have to end here.

Share it with someone else who feels stuck in the middle.

